

2017

The Diabetes Center



CAPE REGIONAL
MEDICAL CENTER

2 Stone Harbor Boulevard
Cape May Court House, NJ 08210

AMERICAN DIABETES ASSOCIATION CERTIFIED DIABETES EDUCATION & MANAGEMENT SERIES CLASSES

Comprehensive 2 hour classes (total of 4) on Diabetes Management techniques including: Education, Meal Planning, Medications, Exercise & Blood-Glucose Monitoring. Series includes 2 individual sessions; an initial and follow-up visit. Please see class dates below.

FEE & REGISTRATION REQUIRED. Most insurance cover the fee for this program.

Fridays	January 6, 13, 20, 27	6:00pm-8:00pm
Wednesdays	February 1, 8, 15, 22	10:00am-12:00noon
Wednesdays	March 8, 15, 22, 29	1:00pm-3:00pm
Mondays	April 3, 10, 17, 24	6:00pm-8:00pm
Tuesdays	May 2, 9, 16, 23	10:00am-12:00noon
Wednesdays	June 7, 14, 21, 28	1:00pm-3:00pm
Wednesdays	July 5, 12, 19, 26	6:00pm-8:00pm
Tuesdays	August 1, 8, 15, 22	10:00am-12:00noon
Fridays	September 8, 15, 22, 29	1:00pm-3:00pm
Wednesdays	October 4, 11, 18, 25	6:00pm-8:00pm
Tuesdays	November 7, 14, 21, 28	10:00am-12:00noon
Wednesdays	December 6, 13, 20, 27	1:00pm-3:00pm

DIABETES SUPPORT GROUP

A monthly lecture with speakers on various diabetes related topics. Meets second Thursday of every month. **NO FEE/NO REGISTRATION REQUIRED.**

Thursday	January 12th	2:00-3:00pm
Thursday	February 9th	2:00-3:00pm
Thursday	March 9th	2:00-3:00pm
Thursday	April 13th	2:00-3:00pm
Thursday	May 11th	2:00-3:00pm
Thursday	June 8th	2:00-3:00pm
Thursday	July 13th	2:00-3:00pm
Thursday	August 10th	2:00-3:00pm
Thursday	September 14th	2:00-3:00pm
Thursday	October 12th	2:00-3:00pm
Thursday	November 9 th (DIABETES UPDATE)	8:00am-12noon
Thursday	December 14 th (Holiday Party/Luncheon)	12:00-1:00pm

**For more information and to register, please contact:
The Diabetes Center at 609-463-2547**