

2018

The Diabetes Center



CAPE REGIONAL  
MEDICAL CENTER

**2 Stone Harbor Boulevard**  
**Cape May Court House, NJ 08210**

**AMERICAN DIABETES ASSOCIATION CERTIFIED DIABETES  
EDUCATION & MANAGEMENT SERIES CLASSES**

Comprehensive 2 hour classes (total of 4) on Diabetes Management techniques including: Education, Meal Planning, Medications, Exercise & Blood-Glucose Monitoring. Series includes 2 individual sessions; an initial and follow-up visit. Please see class dates below. **SEE & REGISTRATION REQUIRED.** Most insurance cover the fee for this program.

Fridays	January 5, 12, 19, 26	6:00pm-8:00pm
Wednesdays	February 7, 14, 21, 28	10:00am-12:00noon
Wednesdays	March 7, 14, 21, 28	1:00pm-3:00pm
Fridays	April 6, 13, 20, 27	6:00pm-8:00pm
Wednesdays	May 9, 16, 23, 30	10:00am-12:00noon
Wednesdays	June 6, 13, 20, 27	1:00pm-3:00pm
Mondays	July 9, 16, 23, 30	6:00pm-8:00pm
Tuesdays	August 7, 14, 21, 28	10:00am-12:00noon
Fridays	September 7, 14, 21, 28	1:00pm-3:00pm
Wednesdays	October 3, 10, 17, 24	6:00pm-8:00pm
Tuesdays	November 6, 13, 20, 27	10:00am-12:00noon
Fridays	December 7, 14, 21, 28	1:00pm-3:00pm

**DIABETES SUPPORT GROUP**

A monthly lecture with speakers on various diabetes related topics. Meets second Thursday of every month. **NO FEE/NO REGISTRATION REQUIRED.**

Thursday	January 11 <sup>th</sup>	2:00-3:00pm
Thursday	February 8 <sup>th</sup>	2:00-3:00pm
Thursday	March 8 <sup>th</sup>	2:00-3:00pm
Thursday	April 12 <sup>th</sup>	2:00-3:00pm
Thursday	May 10 <sup>th</sup>	2:00-3:00pm
Thursday	June 14 <sup>th</sup>	2:00-3:00pm
Thursday	July 12 <sup>th</sup>	2:00-3:00pm
Thursday	August 9 <sup>th</sup>	2:00-3:00pm
Thursday	September 13 <sup>th</sup>	2:00-3:00pm
Thursday	October 11 <sup>th</sup>	2:00-3:00pm
Thursday	November 8th (DIABETES UPDATE)	8:00am-12noon
Thursday	December 13th (Holiday Party/Luncheon)	12:00-1:00pm

**For more information and to register, please contact:  
The Diabetes Center at 609-463-2547**